



@ Work #1 :: Trapped {Jeff Henderson}

INTRODUCTION

Many of us will spend half of our lives at work. Yet, research tells us that over 80 percent of us are dissatisfied with our jobs, feeling fearful and frustrated most of the time. In this message, Jeff Henderson offers a perspective on work that could forever change your experience 'on the job.'

DISCUSSION QUESTIONS

1. What was your first job? What one memory (good or bad) sticks out to you about that first job?
2. What is one thing you love about your current job? What is one thing that frustrates you?
3. Jeff mentions four main reasons we go to work: to pay the bills, to find our identities, to be successful, to find purpose/significance. Which of these most closely captures your primary reason for going to work? Why?
4. Read Colossians 3:23. What do you think it means to work "as working for the Lord"? Share about a time when you felt like you were doing this.
5. What makes it difficult to truly work for God? What are some of the distractions and circumstances that keep us from honoring God with our work?
6. What is one thing you can do this week at work to more fully work for God?

MOVING FORWARD

Far from being a punishment or a curse, work is actually a blessing, first given to us by God in the garden of Eden. And because work is a blessing, there is no such thing as a job without purpose. *The purpose of your life @work is to show that God is @work in your life.* What are one or two ways you can do that this week?

CHANGING YOUR MIND

Whatever you do, work at it with all your heart, as working for the Lord, not for men . . .
Colossians 3:23