



## PART 3: Losing for Joy

### INTRODUCTION

The gospel of Luke records that Jesus sent seventy-two of his followers out into the world to minister to others. Jesus had poured into them, and now he expected them to pour into others. He was about to launch a worldwide movement, and sending out his followers was a way of establishing a model. This was how the church would grow.

Jesus has invited you the way he invited the seventy-two. You can't follow him as a spectator. You have to participate. You have to get involved.

### DISCUSSION QUESTIONS

1. Talk about a time when you were involved in a project or an effort greater than yourself. How did it make you feel?
2. What are some ways people look for meaning and purpose in life? How are some of those ways healthy? How are some unhealthy?
3. Read Luke 10:1-2. Why would Jesus send his followers to the towns and places he was about to go? How did this strategy benefit Jesus? How did it benefit the followers he sent?
4. Who is someone in your spiritual life who took what was in his or her cup and poured it into you?
5. How has your life or the life of someone you know been influenced by volunteers who serve on Sunday mornings?
6. In what areas are you interested in serving on Sunday mornings? What interests you about those areas?

### MOVING FORWARD

There are people out there who need your talents and experience. They need your time. And you need to pour yourself into others because you can't grow when you're full.

Visit [northpoint.org/choose](http://northpoint.org/choose). Select the top two places you'd like to serve. We'll connect you with the people who need what you have to offer.

### CHANGING YOUR MIND

*Then he turned to his disciples and said privately, "Blessed are the eyes that see what you see."*

**Luke 10:23**