



## THE COMPARISON TRAP Part 3: Two Bags Full

### INTRODUCTION

Comparison is being caught in the trap of constantly asking, “Does she have more than me? Are they better off? Is he smarter, funnier, richer?” We preoccupy ourselves with these questions, but God has a better plan. In this message, Andy uses a familiar parable to illustrate the question God would have us ask—a question that will free us from the comparison trap once and for all.

### DISCUSSION QUESTIONS

1. In the message, Andy uses the items on a bookshelf to represent the different aspects of our lives that define who we are. Talk about the items on your bookshelf—career, health, money, talent, family, skills, etc. How have they shaped you?
2. Which of the items do you most value? Why?
3. Which of the items is the least satisfying to you? Explain.
4. What is the one item on your bookshelf that is unique to you, the thing that makes you different from everyone else?
5. If you believed everything on your shelf—good and bad—was placed there by God, how would that change the way you view yourself? How would it change the way you use your money, skills, career, etc.
6. What is one thing you can do this week to begin to decide what you’re going to do with what God has entrusted to you?

### MOVING FORWARD

We can’t run someone else’s race. When we compare ourselves to other people, we’re telling God that our choices are his fault...that if he would entrust us with what someone else has we would behave differently. We need to take a breath, refocus on what God has given us, and run our own races.

Celebrate what God has given others and leverage what God has given you.

### CHANGING YOUR MIND

*The LORD will fight for you; you need only be still.*

**Exodus 14:14**