



## Fight Club 2 :: *Get in the Ring* :: Jared Herd

### INTRODUCTION

He could hardly believe his ears when the voice on the other end declared, "I'm the woman your dad is having an affair with." Those were the words that shattered Jared's world as a fourteen year old. His dad denied the accusations, but within a year's time, he had abandoned the family. But Jared didn't give up. He stepped into the ring and fought to maintain a relationship with his dad. And along the way he realized what it really meant to honor his father.

### DISCUSSION QUESTIONS

1. Read Exodus 20:12. How well did you honor your father and mother when you were growing up?
2. Read Ephesians 6:1-3. Why is it important to show honor to your parents?
3. How well do you honor your father and mother now?
4. What would it look like for you to honor your father and mother at this point in your life?
5. Read Ephesians 6:4. As a child, did you feel exasperated by your parents? As a parent, are you exasperating your children?
6. With your children, how will you keep from making the same mistakes your parents made? How will you stop the cycle of dysfunction that has been passed down to you?
7. Are you bearing the burden of connection with your children? Are you fighting for this relationship?

## THINK ABOUT IT

As a son or daughter, it often takes humility to engage in a relationship with your mom or dad. And while it is often hard to be the one who swallows his pride (especially when the other party has made so many mistakes) it is harder still to live with the regret of never attempting to reengage the relationship. Are you willing to be humble in your relationship with your parents? With your children?

## WHAT WILL YOU DO?

What do you want your relationship with your parents to be like in the future? How about your relationship with your children? What is the first step you need to take to get to this point?

## CHANGING YOUR MIND

*"Honor your father and mother"--which is the first commandment with a promise--that it may go well with you and that you may enjoy long life on the earth." Ephesians 6:2-3*

