INTRODUCTION
Jesus invites everyone to follow him. Being a sinner is a prerequisite. Having doubts is a prerequisite. That’s because we’re all sinners and we all have doubts.

Following Jesus results in overwhelming faith, but at times it can also be inconvenient, costly, and even embarrassing. It can cause us to miss opportunities, lose business, or stand out in the crowd when we’d rather fit in. Even Jesus’ earliest followers wrestled with this tension. But one of his disciples asked a question that put everything in perspective: “To whom shall I go?”

DISCUSSION QUESTIONS
1. Do you embarrass easily? What kinds of things embarrass you?
2. Talk about a time when you were embarrassed by a friend or family member. How did you respond?
3. Read John 6:56-61. Are there things Jesus said or did that offend you or that used to offend you? Explain.
4. In the message, Andy said, “Questions tend to complicate things. Considering the options simplifies them.” Do you agree? Why or why not?
5. When has following Jesus been inconvenient, embarrassing, or costly for you? What did you do?
6. Is transition, trouble, or temptation currently getting in the way of your ability to follow Jesus? What can this group do to support you?

MOVING FORWARD
When transition, trouble, or temptation cause you to question your faith, consider the options. When you do, the fog will begin to lift. You will find the courage and strength to believe. And on the other side of your doubt, you will experience the faithfulness of God.

When you doubt, you’ve got to ask, “If not Jesus, who? If not Christianity, what?”

CHANGING YOUR MIND
“We have come to believe and to know that you are the Holy One of God.”
John 6:69