



# free

## **FREE, Part 1: It's Worse Than You Thought**

### **INTRODUCTION**

It's difficult to solve a problem when you don't understand what's wrong to begin with. Many of us have been trying to solve the problem of "us" for a long time. Some of you have lost friends, family, or jobs because you couldn't solve you. Some of you have paid someone good money to solve you. But what if the real problem is that you don't know what the problem is?

### **DISCUSSION QUESTIONS**

1. Have you ever tried to break a bad habit? What did you do? Were you successful?
2. When you have a problem to solve—large or small—do you tend to go it alone or look to others for help? Why is that?
3. Read Romans 7:15. How have you experienced this disconnect between the way you behave and the way you *want* to behave? What have you done to try to address the disconnect?
4. Is it difficult for you to believe that sin "dwells in you"? Does the idea that you're "ungodly" bother you? Why or why not?
5. What will you do this week to think through what Andy had to say about sin—pray, read the Bible, have some conversations with others? What can the members of this group do to support you?

### **MOVING FORWARD**

If the single action of a single man could create the generational chaos of sin, think of what the single action of Jesus could do. If Adam could mess it up, imagine how Jesus could fix it up. Imagine how he could fix you up.

### **CHANGING YOUR MIND**

*You see, at just the right time, when we were still powerless, Christ died for the ungodly.*

**Romans 5:6**