

# GUARD RAILS

## PART 3: FOREVER YOURS

### INTRODUCTION

Guardrails keep vehicles from straying into dangerous or off-limit areas. We need personal guardrails so we don't stray into areas of life that can harm us or the people we love. If there's one area in which personal guardrails are most needed but also most resisted, it's in our relationships.

### DISCUSSION QUESTIONS

1. In what ways, for good or bad, did your friends influence you growing up?
2. Who do you know whose life would have been better if he or she had had relational guardrails?
3. Read 1 Corinthians 6:18–20. What do you think it looks like to honor God with our bodies? How might putting that into practice affect your relationships with other people?
4. During the message, Andy called sexual sin “uniquely damaging” because we can never fully escape the damage it does. Do you agree that it can make you a liar and secret-keeper for life? Why or why not?
5. Is it difficult for you to believe that you are a sacred image bearer of God? Why or why not? If you were to embrace that truth, how would it influence the decisions you make going forward?
6. Do you need to begin to flee from instead of flirt with sexual immorality? What are some specific guardrails you need to establish? Share them with your group if you're comfortable doing so. What can your group do to support you?

### MOVING FORWARD

The point of a guardrail is to light up your conscience *before* you hurt yourself or others. If that sounds extreme, dangerous environments call for extreme measures. When it comes to your relationships, honor God, yourself, your spouse, your kids, your future spouse and kids. Flee, don't flirt.

### CHANGING YOUR MIND

*Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.*

**1 Corinthians 6:18–20**