

[GUARDRAILS]



Guardrails #3 :: Flee Baby Flee {Andy Stanley}

INTRODUCTION

If there is one area in your life that absolutely needs some guardrails, this is probably it. It's the area that is the most difficult to recover from. It's the most needed, yet most resisted area of all. Fortunately, the Bible is pretty clear on how we should approach it: *flee*.

DISCUSSION QUESTIONS

1. What area of your life requires the strongest guardrails?
2. Compared to other bad decisions we make in our lives, why is it so difficult to recover from bad relational/sexual decisions?
3. Read 1 Corinthians 16:18-20. What are some of the differences between “flirting” with sexual immorality and “fleeing” from sexual immorality”?
4. For Christians, what does it mean that our bodies are temples of the Holy Spirit? In other words, what does it mean to “honor God with our bodies”?
5. Why does it make sense to build seemingly *extreme* guardrails in order to keep you relationally/sexually safe?
6. Whether you are married or single, what are three guardrails you can establish to keep from experiencing a major disaster?

MOVING FORWARD

Our culture invites us to *flirt* with sexual immorality. The Bible tells us to *flee* from sexual immorality. So you've got to decide—flirt or flee? To flee is to honor God with your body. But in order to do that, you need guardrails. So what guardrails will you put up?

CHANGING YOUR MIND

Flee from sexual immorality. All other sins people commit are outside their bodies, but those who sin sexually sin against their own bodies. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

-1 Corinthians 6:18-20