Guardrails #6 :: Once and For All {Andy Stanley}

INTRODUCTION
Waiting on the other side of the guardrail is usually something that we want to do. It may be unhealthy. Inappropriate. Addictive. But it makes us wonder, “Why would we say no to something we really want to do?” So we’re drawn to the very edge—chastised if we step over—but still drawn as close as possible to disaster. What do you do with that tension?

DISCUSSION QUESTIONS
1. Why do you think we are drawn to situations that can ultimately harm us (i.e., financial, relational, professional)?
2. Why is it easier to cross a line of temptation once you’ve done it before?
3. What is the best way to curb an appetite?
4. Read Daniel 1. Daniel resolved to maintain his guardrails. How can you keep your guardrails from weakening or moving backwards?
5. Looking back, how has establishing a guardrail saved you from potential disaster?
6. What areas of your life do you need resolve? In other words, what areas of your life do you need to finally surrender?

MOVING FORWARD
None of this is really new information. We’ve known all along that refusing to establish guardrails does not erase the tension of temptation; it only weakens our resolve. We’ve known all along that we need to make up our minds . . . before we know how our stories end. So, at this point, it’s pretty simple. Make up your mind. Trust God. Establish guardrails.

CHANGING YOUR MIND
The integrity of the upright guides them . . .
-Proverbs 11:3