

# HELPING THE NEXT GEN WIN

## PART 4: Show Up

### INTRODUCTION

Think about the people who have made a difference in your life. They influenced you for the better. They were there at a crossroads in your life to point you in the right direction. They offered wisdom. They took your side. They cared. Wouldn't you love to do that for the next generation? If you want to help the Next Gen win, there's a simple first step.

How to develop empathy: Pause to imagine. Pause to interact.

### DISCUSSION QUESTIONS

1. Talk about someone who had a positive influence in your life. What do you think your life would be like without that person?
2. During the message, Reggie said, *"Empathy is the ability to press pause on your own thoughts and feelings long enough to explore someone else's thoughts and feelings?"* What are some things that make it difficult for you to practice empathy?
3. Has someone ever made false assumptions about you because he or she didn't know your story? If so, what did you do?
4. Think about a member of the next generation you can show up for? What would it look like for you to pause to imagine what it's like to be in that person's situation? How might it begin the process of building empathy?
5. As you think about that person you can show up for, what are some practical things you can do to pause to interact with him or her? What would it look like for you to prioritize that person?
6. What is one thing you can do this week to begin to show up for that person? How can this group help you?

### MOVING FORWARD

If you want to influence the next generation for the positive, the first step is simple: show up. In whose life do you need to show up? Don't miss your unique opportunity to help the next gen win.

### CHANGING YOUR MIND

*Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others..*

**Philippians 2:3-4**