

# IT CAME FROM WITHIN!

*It Came from Within* :: The Hidden Chamber :: Andy Stanley

## INTRODUCTION

Suddenly, a young wife files for divorce. Suddenly, a college student's grades drop and his attitude changes. Suddenly, a man's harmless pastime becomes a destructive habit. Each looks for someone else to blame. But the real enemy lurks within—in the heart. Not the organ that pumps blood through our veins, but that invisible, intangible place where we experience all of our emotions.

## DISCUSSION QUESTIONS

1. Give an example from your childhood when you learned to modify your behavior in order to get what you wanted (or avoid what you didn't want)?
2. What is an example of a situation today in which you've learned to modify your behavior to make life work, but you've not necessarily addressed your heart issues?
3. Why does simply changing your behavior not get to the core of the issue?
4. Read Matthew 15:18-19. Have you had an experience that illustrates the connection between the mouth and the heart?
5. Read Proverbs 4:23. Why is it important to guard your heart?
6. How well do you guard what goes into your heart?
7. How can you do a better job of guarding your heart this week?

## THINK ABOUT IT

A corrupt heart will wreak havoc in your relationships. You can try to temper your speech and control your actions, but those who are closest will eventually feel the condition of your heart. What damage could be caused if you live life without monitoring your heart?

## WHAT WILL YOU DO?

What is the state of your heart? Are you mad at anybody? Have you had any extended imaginary conversations lately? Anything going on in your life that you hope nobody discovers? Is there a question you hope nobody asks you?

## CHANGING YOUR MIND

*Above all else, guard your heart, for it is the wellspring of life. Proverbs 4:23*

