



## **LIFE APPS #5 :: The Trust App {Andy Stanley}**

### **INTRODUCTION**

One of the Bible's most famous verses states that "love always trusts." Always??!! Really??!! What do I do with all my suspicions?

### **DISCUSSION QUESTIONS**

1. Do you tend to be trusting or suspicious of people? Do you assume the best or worst about people?
2. How do you respond when what people promise is different from what people deliver? How do you respond to those gaps?
3. Share a time when you believed the best about an unexplainable gap. Share a time when you assumed the worst about an unexplainable gap.
4. Read 1 Corinthians 13:4-7. How can you express this kind of love without feeling like an emotional doormat?
5. How should you determine when to trust and when to confront? How can you confront someone in a healthy manner?
6. What can you do to break the pattern of suspicion and doubt in your relationships?

### **MOVING FORWARD**

Jesus says in Luke 6:31, "Do to others as you would have them do to you." Naturally, you would want people to choose to trust you rather than be suspicious of you. So make these five commitments in your most important relationships:



## Five Commitments

1. When there is a gap between what I expected and what I experienced, I will believe the best.
2. When other people assume the worst about you, I will come to your defense.
3. If what I experience begins to erode my trust, I will come directly to you about it.
4. When I'm convinced I will not be able to deliver on a promise, I will inform you ahead of time.
5. When you confront me about the gaps I've created, I will tell you the truth.

## CHANGING YOUR MIND

*Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.*

### 1 Corinthians 13:4-7