



The Momentum Theorem {Dave Ramsey}

INTRODUCTION

Momentum. When you have it, everything seems to be going your way. But when you don't have it, it seems like you can't catch a break. It is such an intangible idea that it's tempting to think it just happens. But momentum doesn't appear out of nowhere. It can be created, and the potential of its power can be unleashed, if you know how to work the equation.

DISCUSSION QUESTIONS

1. Describe a time when have you experienced momentum in an area of your life (eg. work, sports, marriage).
2. The momentum theorem is this: focused intensity over time multiplied by God equals unstoppable momentum. In what area of life would you like to gain momentum?
3. Why is focus an important part of the equation? How have you seen the rewards of being focused? How can you focus your intensity so that you can gain momentum?
4. Why is intensity an important part of the equation? How have you seen the rewards of intensity? How can you become more intense so that you can gain momentum?
5. Why is time an important part of the equation? When have you seen your efforts over time rewarded?
6. What is God's part in gaining and sustaining momentum? When have you seen God multiply momentum?

THINK ABOUT IT

In what areas of your life do you have momentum? In what areas of your life do you lack momentum?

WHAT WILL YOU DO?

What will you do this week to gain momentum?

CHANGING YOUR MIND

The plans of the diligent lead to profit as surely as haste leads to poverty. Proverbs 21:5