



RECOVERY ROAD Part 2: Taking Inventory

DISCUSSION QUESTIONS

1. What group of people would you like to see sitting in a circle, holding hands, and confessing powerlessness over a bad habit? (Have fun with this. If it helps, give your group members some examples: people who drive too slowly in the left-hand lane, people who are always late, people who like 80's music, etc.)
2. Recovery begins with a fearless look in the mirror. Why is it so difficult to be completely honest with ourselves? Why would we ever need others to tell us the effects of our own sin?
3. "If it weren't for _____, I wouldn't have _____." Can you fill in the blanks with something you struggle with?
4. "I was wrong. This is my fault." When was the last time you heard someone say this to you without qualification? When was the last time you said it? Is there someone to whom you need to say it, but haven't?
5. Read Jeremiah 17:9. What is the difference between dishonest and deceitful? If what Jeremiah says about the heart is true, what are some guardrails that you should set up to protect yourself?
6. What's one area that you should start with as you begin your "fearless moral inventory"?

MOVING FORWARD

Recovery begins with a fearless moral inventory, which is terrifying on the front end, but liberating on the back end. Being honest with ourselves can be a memorial, not to our failures, but to the grace, goodness, and forgiveness of our heavenly Father who loves us.

CHANGING YOUR MIND

The heart is deceitful above all things and beyond cure. Who can understand it?

Jeremiah 17:9