



## RED-LETTER PRAYERS, Part 2: The Garden of Gethsemane

### INTRODUCTION

No doubt about it. There's power in prayer. We often hope that power will affect our outcomes, but what if its greatest power is to change what happens *inside of us*? Part two of **Red-Letter Prayers** examines a scene revealing Jesus' desperate need for the changing power of prayer.

### DISCUSSION QUESTIONS

1. Talk about a time when you were caught up in circumstances that felt like a current sweeping you to a place you didn't want to go. How did you respond?
2. Have you ever prayed even though you didn't think your prayers would change anything? Explain.
3. When you pray, how direct are you with God about how you feel and what you want? Do you hold back or put it all out there? Why?
4. Read Mark 14:32-36. What surprises you about Jesus' prayer?
5. Is it difficult for you to believe that, regardless of your circumstances, God wants the best for you? Why or why not?
6. What's one thing in your life right now that you need to pray about until you can say, "Not what I will, but what you will"? How can this group support you as you work toward surrendering to your heavenly Father?

### MOVING FORWARD

God is your father. He wants what's best for you. But God isn't *only* your father; he's still God—all-powerful and all-knowing. If you believe this, it can change everything.

In light of the fact that God is concerned about you and can see all the details of a situation, you can trust him. Put his will first.

### CHANGING YOUR MIND

*"Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."*

**Mark 14:36**