

# RIGHT IN THE EYE

## PART 4: Nobody's That Stupid

### INTRODUCTION

Chances are your greatest regret can be traced back to a decision where your body wanted something that your heart knew was wrong. An appetite was raging. You saw something or someone you wanted . . . even though he, she, or it wasn't healthy for you. But you gave in to your body anyway. You yielded to the little kings that want to replace the Creator King who calls you to live from the inside out.

What do you do when your body wants what your heart knows is wrong?

### DISCUSSION QUESTIONS

1. Talk about something you badly wanted in childhood or adulthood. Did you get it? If so, did it live up to your high expectations?
2. Why do you think our culture glorifies doing what is right in our own eyes when it comes to sexual conduct? What are some of the costs of that kind of view of sex?
3. During the message, Andy said, *"There's nothing like sexual sin to derail you."* Respond to that statement. Do you agree? Why or why not?
4. Read Judges 16:4-21. How believable is it to you that Samson would make the same mistake with Delilah again and again? What unhealthy patterns do you see in our culture? What unhealthy patterns do you see in your own relationships?
5. Why is it difficult for you to believe that God has a special plan for your life, but that you have to yield to him in order for him to do what he wants *in* and *through* you? If you took that idea to heart, how might it change the choices you make when it comes to expressing your sexuality?
6. What is one step you can take to yield your sexual conduct to God and begin to live from the inside out instead of the outside in? How can this group support you as you take that step?

### MOVING FORWARD

Have you yielded your sexual conduct to God? Have you asked him to teach you to honor him with your body? If you do, when you ask the question, *"What do I do when my body wants what my heart knows is wrong?"* you'll be able to lean into that still small voice—the one that doesn't just say no, but *"I love you and I have something better for you."*

### CHANGING YOUR MIND

*Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.*

**1 Corinthians 6:19-20**