

THIS ONE THING

INTRODUCTION

We all make resolutions. We all break resolutions. But if we're really honest, there is something in each of our lives—a habit, a relationship, a debt—that deserves our attention this year. In this message, Andy recounts the Old Testament story of Nehemiah and draws out a lesson that can be the key to finally accomplishing the one thing we each need to put our mind to this year.

DISCUSSION QUESTIONS

1. What New Year's resolutions have you made in the past? Did you follow through on them?
2. Did you make a New Year's resolution this year? What is it?
3. Talk about a time at work or in your family life when you couldn't focus on something important because your time was consumed by something urgent. How did the important thing suffer as a result?
4. In light of Andy's message about focusing this year on the one thing that is most important, would you change your New Year's resolution? What would your revised resolution be?
5. What urgent thing robs you of time to focus on your most important thing? What can you do to shift your priorities?
6. Who do you know that can hold you accountable for following through on the goal you set? What is the greatest barrier to asking that person to do so?

MOVING FORWARD

This year you can do a lot of things. You *will* do a lot of things. But what's the one thing you *need* to do? What's the one thing that will make an extraordinary difference in your life? Begin to do it today.

CHANGING YOUR MIND

"I am doing a great work and I cannot come down. Why should the work stop while I leave it and come down to you?"

Nehemiah 6:3b