



***ViewFinder* :: Ted Lowe**

INTRODUCTION

Loss, grief, pain, bitter disappointment...all too often, these characterize our existence. Indeed, it often feels like we can't go for very long in this life without experiencing at least one of them. So, what does this tell us about God? What kind of God is He that He would allow such things to happen? In this session, we'll wrestle with this question and explore its ramifications on our lives.

DISCUSSION QUESTIONS

1. Read Psalm 13:1. The writer of this Psalm felt abandoned by God. When have you wanted to cry out, "God where are you?" What were the circumstances that led to this?
2. Read Psalm 13:2-4. The Psalmist longed to understand his situation. Why does it often feel as though God is slow in providing answers?
3. Read Psalm 13:5-6. Why should we trust that God is for us, especially when circumstances seem to indicate otherwise?
4. How has God demonstrated His goodness to you? How has He shown that He *can* be trusted?
5. How does your view of God influence the way you interpret your circumstances?
6. What would change in your life if you truly believed that God could be trusted—that He really is good, caring, and in control?

THINK ABOUT IT

Are there any circumstances in your past or present that you still don't understand? Why would God have allowed them? Do you see a possible purpose in them, or will you have to continue to trust Him?

WHAT WILL YOU DO?

How can you remind yourself that God can be trusted the next time you are surrounded by difficult circumstances?

CHANGING YOUR MIND

But I trust in your unfailing love; my heart rejoices in your salvation. I will sing to the LORD, for he has been good to me. Psalm 13:5-6