INTRODUCTION
We’ve all been there. Someone warns us about a decision we’re about to make and our response sounds eerily familiar: *It’s just this one time… I can handle it… Really, I promise it’s not a big deal… Everybody’s doing it… If I don’t do this, I will be unhappy and God doesn’t want me unhappy.*

Famous last words.

We end up talking ourselves into a bad decision. We, in essence, become our own worst enemies because we fail to realize that little steps away from God are actually significant strides in a downward spiral.

DISCUSSION QUESTIONS
1. When have you talked yourself into rationalizing a bad decision?
2. Proverbs 3:5 speaks about trusting in God’s understanding rather than your own understanding. What does it mean to trust in God’s understanding?
3. King Solomon’s story chronicles a series of small, subtle decisions that started with merely associating with foreign women to worshiping false gods. In what areas of your life do you sense you are moving away from God?
4. How is conventional wisdom different from God’s wisdom? Do our lives become more or less complicated when we choose to walk in our own wisdom?
5. In contrast to Solomon, David surrounded himself with persons who would speak truth into his life? Who is holding you accountable?
6. Read Psalm 51:17. God will not turn away a contrite heart yet many people still stay away from God thinking that God is disappointed with them. For those distant, how do you get back to God?

THINK ABOUT IT
Every time you take a step away from God, your heart gets a little more calloused, a little colder toward God. And we choose to take these steps away from God because we overestimate the benefit and underestimate the cost of conventional wisdom. And in the end, we realize that we’re far from the people that we wanted to become. But no one who has stepped away from God needs to stay away. Don’t know how to get back? You take one small step.

WHAT WILL YOU DO?
This week, ask a trusted friend to hold you accountable for your future decisions.

CHANGING YOUR MIND
*Trust in the Lord with all your heart and lean not on your own understanding.*