

W H I T E N O I S E

PART 3: The Stamp of Approval

INTRODUCTION

Inadequacy whispers into every quiet moment of the soul. We think, “I don’t have what it takes.” For so many, inadequacy drives the pursuit of power, prestige, and possessions. If we never deal directly with our inadequacy, the white noise will keep us dissatisfied.

DISCUSSION QUESTIONS

1. Talk about a time when you had a task or a goal that you didn’t feel equipped to complete. What did you do?
2. Has someone ever made you aware of talents or gifts that you didn’t know you had? If so, how did it influence your life? How did it change the way you see yourself?
3. During the message, Clay said, *“The feeling of inadequacy is ultimately created by a lack of approval.”* Do you agree? If so, from whom do you look for approval?
4. Read John 19:28-30. Is it difficult for you to believe that, because of Jesus, you don’t have to win God’s approval? Why or why not?
5. How might your day-to-day experiences be different if you began to live *from* God’s approval rather than *for* his approval?
6. Is the fear of inadequacy preventing you from dialing down the white noise in your life? If so, what is one thing you can do this week to begin to seek your worth in what God has already done for you? How can this group support you?

MOVING FORWARD

When you live for the approval of other people, you surrender your freedom. But when you turn toward your heavenly Father and begin to live from his approval, you experience peace. And none of the people in your life can take away that peace because they didn’t give it to you in the first place.

CHANGING YOUR MIND

When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

John 19:30