

Sometimes in married life, we get stuck in ruts, always doing the same things and going to the same places. On this *Great Date Experience*, we want you to take a risk and try something new, because we think the reward will be worth it! Each “Risk Reward” section has 3 choices that will determine the steps of your date. When you get to a choice on this date, we hope you will choose the one that will be most risky for you! This will create the most fun, rewarding date together! Below your choices, there are topics for you to discuss along the way. So grab your spouse, get ready to be risky, and maybe get rewarded by being a little frisky!

step 1

Take a risk and choose the most unexpected option below. It will reveal your music choice for the car ride . . . so kick off your date by singing or dancing to the music together!

- A. Classic Rock
- B. Country
- C. Pop

With your music selection playing in the background, discuss the following:

- What song or type of music always puts you in a better mood? Is there a specific memory associated with it?
- What song always makes you want to dance?
- If you could take a risk and not lose anything, what would you try?

step 2

Get frisky and choose a number between 1 and 10. Kiss each other that number of times (or *more!*) before you choose one option below to determine what type of restaurant you'll dine in during your date. Be a little risky and order something that you've never had before.

- A. Asian
- B. Mexican
- C. Breakfast

During your meal, with a “10” being the very best, finish the following sentences:

- Right now, you are a “10” in my book for . . .
- My favorite “10” moment in this last year was . . .
- In the future, I want us to score a “perfect 10” by . . .

step 3

Ready to take a chance and do something without a plan? Pick one option below and risk having some unexpected fun!

- A. Play on a park swing set.
- B. Go to a firing range or driving range.
- C. Test-drive a car you wouldn't buy.

While you're deciding whether to follow through on your activity (*don't wimp out—just try it!*), ask each other the following questions:

- What's your favorite thing to do on a free day?
- If you had unlimited funds, how would you spend the day?
- If you had more time in the week, what would you do with it?

step 4

Risky business or frisky business? End your *Great Date* by choosing one or all of the options below:

- A. Dessert by moonlight
- B. Bubble bath and candles
- C. Foot massages for each other

Don't let this *Great Date* end without making plans for another one!

- Set a time for your next date, overnight getaway, or vacation together.
- If I had three sticky notes and could write one word on each to remind you how marvelous you are, they would say . . .
- Let's make a deal that this week we definitely will . . .