

HOW TO GET what you *really* want



How to Get What You Really Want Study Guide
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HOW TO GET WHAT YOU REALLY WANT

Study Guide

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DURING A GROUP MEETING

1. HANG OUT.

(about 30 minutes)

Our lives move so fast these days. Take some time to talk about what's going on in the lives of those in your group. Asking about things like job interviews, the health of their kids, and how their weeks are going goes a long way in building community.

2. WATCH THE VIDEO AND DOODLE ALONG.

(about 20 minutes)

When we designed this study guide, we had note-taking in mind. So while you're watching the video, take advantage of the extra space and grid pages for notes and/or drawings, depending on your note-taking style.

3. DISCUSS AND COMPLETE THE ACTIVITIES.

(about 45 minutes)

Depending on the session, your group will have Discussion Questions and scenarios to think through, as well as activities to do. Putting pen to paper can give you deeper insight into the content.

4. PRAY.

(about 5 minutes)

Keep it simple and real. Use the prayer provided. Ask God to help you apply what you've learned that week.

PART 1

Careful What You Want For

VIDEO RECAP

What do you **want**?

We want our _____.

- When we **get** our way, we often **get** in our own way.

We want to do what we want to do.

We want perpetual _____.

- Pleasure is addictive, which undermines the pleasure, which **isn't** what we want.

We want it _____!

- Later is **longer**.
- Regret **begins** with "I want."
- Regret ends with "I **want** to go back in time and **not get** what I **wanted**."

If we always **get** our way, we _____
our way.

If we always do what we **want to do**, we end up
where we **don't want to be**.

If we get what we want **now**, we may not get what we
want _____.

*What **causes** fights and quarrels among you?
Don't **they** come from your desires that **battle**
within you? You _____ but do not
have, so you **kill**. You **covet** but you cannot get
what you **want**, so you quarrel and fight...*

(James 4:1-2 NIV)

What we **really want** lurks in a realm we
rarely explore.

POST A
PICTURE OF
YOUR GROUP USING
#reallywant

Your next study could be on us!

Answer Key for Blanks

way	NOW	later
pleasure	lose	desire

Notes

LET'S TALK ABOUT IT

- 1 Andy joked about being grateful for “unanswered prayers.” What are some things you wanted at one time (perhaps when you were younger) but are now grateful you didn’t get?
- 2 Have you or someone you know ever had a seemingly innocent want become a pathway to a sin, habit, or regret?
- 3 Take a few minutes to write down examples of when you experienced these downsides of getting what you wanted. If you’d like, share one of your examples with the group.
 - I wanted my own way...*but I ended up getting in the way.*
 - I wanted to do what I wanted to do...*but it got me where I didn’t want to be.*
 - I wanted perpetual pleasure...*but it eventually stopped being pleasurable.*
 - I wanted it now...*but I didn’t want it later.*

- 4 In the message, Andy said, “Most of us don’t know what we *really* want because we’re so distracted by our desires and appetites...what we can have now.” Can you identify anything you currently want that has the potential to distract you from what you ultimately, *really* want?

Notes

THIS WEEK, THINK ABOUT...

James 4:1 says, “What causes fights and quarrels among you? Don’t they come from your desires that battle within you?”

When a disagreement arises for you this week, stop and say (maybe out loud):

Do you know what the problem is? I’m not getting what I want.

We’ve all seen *wants* eventually kill opportunities, careers, and even marriages. If we don’t understand what’s behind our wants—what’s going on in our hearts—we have the potential to destroy the things and relationships that matter most in our lives.

PRAYER

God, I want to understand the heart behind my wants. Help me see which desires have the potential to distract me from what matters most in my life.

IF WE
always DO
WHAT WE WANT TO DO,
WE END UP *where we*
DON'T WANT
TO BE.

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Notes